



Learning is forever

WARKWORTH

Bi-monthly Bulletin — March 2020

FROM THE PRESIDENT

Handwashing

‘When one hand washes the other, both become clean’, a Dutch proverb.

Coronaviruses are a large family of viruses found in humans and animals, causing illnesses ranging from the common cold to Severe Acute Respiratory Syndrome (SARS). As there is no vaccine or specific medication yet for the new coronavirus causing the illness known as COVID-19 (Coronavirus, 2019), the best ways to reduce transmission of infection are by avoiding contact with high-risk groups, controlling movement of cruise ships and aircraft between countries and by hand-washing.

Human-to-human transmission is believed to be mainly through droplets, and symptoms range from a mild cough and runny nose to pneumonia. This particular coronavirus has some different characteristics from viruses our immune systems have encountered before and a few people get sick very quickly. It is important to note that most people recover easily and quickly from the infection.

Hand-washing, unpopular with children, and hurried over by adults, is still a most important measure in avoiding transmission of infections of many types. We admire all the technological advances in medicine of our era, and sometimes ignore this simple basic activity. Correct hand-washing technique means wet, lather, scrub, rinse, dry. Rubbing the hands together for at least 20 seconds can be timed by singing Happy Birthday right through!

Best wishes to all.

Mary Miller

U3A Annual Membership dues 2020

Remember you need to keep your membership subscription up-to-date.

The 2020 subscriptions are now due.

Cost is \$20 for individuals and \$35 for couples.

Your paid membership entitles you to attend general meetings and interest groups and to vote at the AGM.

As a bonus, it also enables you to attend group meetings at other U3A groups in Auckland.

April 20: General Meeting

Professor Ralph Cooney:

A Time for Action! Climate Change and The Circular Economy

The Era of Climate Change Action, Electric Cars and Planes, Plastics Recycling (The Circular Economy) and Our Galaxy, Our Planet and the Future of Homo Sapiens (us!)

Many will be familiar with Professor Ralph Cooney’s columns plus a feature article about him in the Mahurangi Matters. A few may have met him as the Professor of Chemistry at Auckland University and the Dean of Science.

Ralph has just retired from all that to Warkworth!

New Members

A warm welcome to our new members who have joined since 1/12/2019

Sheila Ford

Judy Wood

Willo Stear

Jenny Collins

Dianne Knight

Jan Hutchinson

Jenny Blackmore

Peter Fieldsend (Welcome back to Peter)

Rachel Cooney

DUTY GROUP ROSTER 2020

April 20: Ancient History & Jazz Listening

August 10 Local History & Play Reading

October 12 All About Plants & Poetry Reading

The duty groups for the general meetings at the Totara Park venue should be there by 9.30am

Warkworth U3A
8 Wilson Rd
Warkworth
New Zealand



U3A Warkworth Committee 2020



President
Mary Miller



Vice-President and
Membership Secretary
Alison Coates



Secretary
Glenda Came



Treasurer
Nigel Swaffield



Groups Convener
Hilary Lewis



IT/Equipment/Venue
Management
John Williamson



Hospitality
Kristin Price



Hospitality
Jean Mason



Almoner
Tonara Cuthell



IT/Equipment/Venue
Management
Bill Robertson



Editor
Ian Lewis



Web/Grapevine
Alan Spicer

Groups, Convenors and Meeting Schedule

All About Plants 10am 4th Thursday Gail Morrison Jenny Blackmore	Art Appreciation 1st Wednesday - check for times. Elle Glazer Helen Howard Kathleen Browne	Developments in Medicine 2pm 4th Thursday Linda Moore	Music Appreciation 2pm 2nd Thursday Alison Coates
Ancient History 9.30am 1st Friday Jenni McGlashan	Book Talk 10am 1st Tuesday Shirley Shirley	Jazz Listening 2pm 3rd Monday Val Couling	Play Reading 10am 2nd Tuesday Pam Ellender
Antiques and Collectables 10am 4th Friday Hilary Lewis	Current Affairs 2pm 3rd Thursday Geoffrey Bowes	Local History 10am 4th Tuesday Lorna Laxon	Poetry Reading 1.30pm 3rd Wednesday Lynda Spivey